

**Tai Chi For Everyone: K Joyce McDonald By John  
Yong Man So**

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Master John Yong Man So is the 1999 gold medallist in the Beijing International Tai Chi competition. A tenth dan (tenth degree) black belt in Hapkido, he is President

### **John yong man so (author of tai chi for everyone)**

John Yong Man So is the author of Tai Chi for Everyone (3.50 avg rating, 4 ratings, 0 reviews, published 2008) register; tour; John Yong Man So s Followers.

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### **K. joyce mcdonald (editor of tai chi for everyone**

K. Joyce McDonald is the author of Tai Chi for Everyone (3.50 avg rating, 4 ratings, 0 reviews, published 2008) K. Joyce McDonald s Followers. None yet.

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