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View Stephen McKenzie's business profile and see work history, where he is investigating mindfulness as a clinical treatment. Dr Craig Hassed and Dr Stephen

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Hftad, 2012. Pris 140 kr. K p Mindfulness for Life (9781780338392) av Stephen McKenzie, Craig Hassed p Bokus.com

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Dr Stephen McKenzie and Dr Craig Hassed. This book addresses the concept of mindfulness. Mindfulness is the art of directing our attention to what is reality rather

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Dr Craig Hassed is an internationally recognised expert in Mindfulness who has widely presented at national and international seminars and conferences and has

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Authors of Mindfulness for Life, Dr Stephen McKenzie & Dr Craig Hassed are both experts in the field of teaching mindfulness

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