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Mindfunda had the honor of interviewing Robert Waggoner about a new book he has written together with Caroline McCready: Lucid dreaming plain and simple .

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Jan 18, 2015 1. What was your prime inspiration and motivation for creating your book, 'Lucid Dreaming Plain and Simple: Tips and Techniques for Insight, Creativity

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Robert waggoner introduces lucid dreaming, plain

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Mar 23, 2015 Lucid dreaming, the higher awareness Caroline is the co-author of Lucid Dreaming Plain

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