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Jumps And Spins By Raymond Wu**

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high jumps and generally fluid choreographer, and world wushu tournament medalist. Wu can be found in books and in the performance arts

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Personally invited to the Beijing Wushu Team by Wu of High Performance Wushu: Taolu Jumps and Spins. Fundamentals of High Performance Wushu: Taolu Jumps

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Wushu (sport) - expand your mind

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